

Comox Valley Spirit of B.C. Community Committee Presents:

Celebrate COMOX VALLEY Olympic Spirit

Be part of the Olympics right here in the Comox Valley!

Saturday, February 6th

Check out these events happening in and around the Comox Valley!

Demonstration Biathlon Race

8:30 am warm-up / 9 am start - Mt. Washington

See Olympic Biathlon athletes compete in a demonstration race that will be very close to actual Olympic conditions. A great opportunity to observe top world competitors only days before the Olympics.

Following this demo will be the **Cadet Program's Provincial Biathlon Championships**, some of the finest young biathletes in BC. *Mount Washington Alpine Resort*

Coastal Cup noon start - Mt. Washington

Watch our future athletes as over 100 cross country skiers compete in the **Coastal Cup**. *Strathcona Nordic Ski Club*

Walk of Achievement

11:30 am - Parade down 5th Street

Noon - Ceremony, Courtenay and District Museum

Honouring Valley Olympians. *Walk of Achievement Committee*

Free Skate 3:15 to 5 pm - C.V. Sports Centre Arena 2

Enjoy an afternoon of free skating. Skate rentals \$2/pair.

Free Swim 6 to 8:30 pm - C.V. Aquatic Centre

Make a splash in the pool! Locker tokens 50¢

Comox Valley Regional District

Team Sweden Open Practice Event

TICKETS \$5

5:30 to 6:30 pm

Comox Valley Sports Centre

Watch the Swedish Olympic Women's Hockey Team's open practice. See the players up close as they go through their paces. Advance tickets available from the Sid Williams Theatre Box Office: 250-338-2430.

All ticket holders entered to win a pair of tickets to the Canada vs. Slovakia Olympic Hockey event!

Sunday, February 7th

9 am to noon Comox Valley Sports Centre

Everyone Welcome!

Have tickets to the Olympic Hockey game? Make a day of it!

Don't have tickets? Come and be part of the free celebrations!

Pancake Breakfast Starts at 9 am

Start the day off right! Enjoy delicious pancakes and sausages while you take in the morning's entertainment. *Sunrise Rotary Club*

\$5
\$3 under 12

Hockey Skills Contest 9 am - noon

Go through your paces with members of the Comox Valley Glacier Kings Hockey Team. Open to all minor hockey players. **Lots of great prizes available!**

Comox Valley Glacier Kings

Please Note:

Schedule changes at C.V. Sports Centre

Due to the Olympic festivities on Sunday, February 7, there will be changes to programming at the Comox Valley Sports Centre:

- Family Skate 1:15 - 3:15 p.m. CANCELLED
- Wellness Centre CLOSED

Bobsled on Wheels Race 10:30 am

Speed, dedication and the quest for gold are not just limited to the ice rink! Witness local teams race against each other in the 3rd annual Bobsled on Wheels Race.

Cheer on your favourite teams as they speed across the race course!

Top prizes:
\$250 fastest bobsled
\$250 best decorated

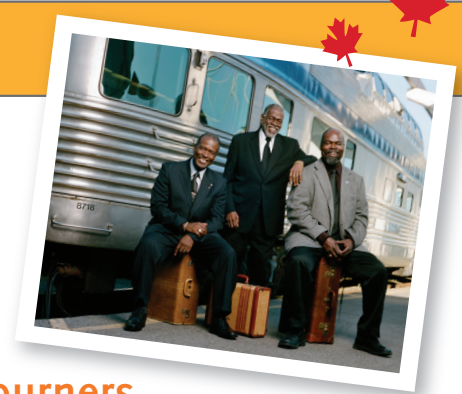


Kids Zone! 9 am to noon

Get your face painted, try out crafts and other fun activities. Good family fun. *Job's Daughters*

...and much more!

- Active Comox Valley booth • Olympic Giveaways



The Sojourners

9:30 to 10:30 am and 11:15 to noon

Vancouver Island MusicFest is partnering with the Comox Valley Spirit of BC Community Committee to bring in some great music to help 'Raise the Spirit' - The Sojourners with the Steve Dawson Band!

A MusicFest 2009 favourite, the Sojourners are bringing some good old fashioned soul lifting music to the morning's festivities. Hailing from Texas, Chicago and Louisiana, this is real gospel music backed up by the Steve Dawson Band, an amazing acoustic roots trio.

The Sojourners have an authentic edge that only comes with experience. This is real gospel, blessed with a soul that can't be faked. A great way to enjoy a Sunday morning with friends and family! *Vancouver Island MusicFest*

Sage Hills Women's Olympic Hockey Exhibition Game

SOLD OUT



Sweden vs. China

Doors open 11:30 am / Game starts 12:30 pm

Comox Valley Sports Centre Arena 1

In conjunction with Comox Valley Minor Hockey
Media Sponsor - 97.3 The Eagle FM

Upcoming Events

Opening Ceremonies

Friday, Feb. 12, 5:30 pm start

Watch the Opening Ceremonies on the big screen at Cumberland Elementary School. Watch for more details.

Village of Cumberland

Gold Medal Game

Sunday, Feb. 28

Watch the Gold Medal Hockey Game at the Rialto Theatre. Only \$5! Watch for more details.

Ambassadors Wanted!

Are you going to Vancouver for the Olympics? Want to be part of the spirit? Volunteers are required to help promote the Comox Valley at B.C. Street in the Richmond O Zone. Contact the Comox Valley Economic Development Society at 250-334-2427 for more information.